

Marriage Enrichment Resources (local, web and beyond)

Sacred Heart Church:



Tri-parish **marriage enrichment journey** including couples from Sacred Heart-Monroe, Saint Anastasia-Harriman and St. Patrick's-Highland Mills. Meets first Sundays of the month (sometimes weekly) at St. Pat's Church in Highland Mills from 6-8pm. A variety of program enrichments presented such as The Choice Wine, United in Love and a new Dynamic Catholic program beginning in February 2019. For more information please email mo.mike.mcdonnell@gmail.com.

Marriage Coaching Workshops- Meets every first Friday of the month BY APPOINTMENT ONLY. Coaching is a professional partnership that inspires perspective, change and strategies for a new life design in your marriage. Call for a free phone trial session that will determine which topics will be most relevant to helping you and your spouse reach your goals for a more VIBRANT marriage. LIMITED SEATING! Workshops presented by Claudia Cortez, Catholic Life and Marriage/Relationship Coach. Cost is \$150/couple for 3 workshop sessions. Adoration will be available in the church immediately following sessions.

Call 845-642-4876 or visit <https://lifecoaching4empowerment.com/262-2/>

Internet:

www.Formed.org- One of the most comprehensive web resources for individuals and married or engaged couples to grow in their Catholic faith. Check out the "**Beloved**" series for married and engaged couples.

www.WWME.org- The Worldwide Marriage Encounter weekend has been revitalizing marriage and the priesthood for 50 years with a mission to renew The Church. This **weekend experience** gives couples the chance to deepen their love and intimacy so they can look towards a new future together the way God intended it to be. For more information you can go to www.wwme.org or call 1-(877) NYS-WWME ext. 3 (1-877-697-9963) Just plug in your zip code to find the nearest weekend.

www.Retrovaille.org- This is a **weekend for couples** who are in serious trouble or on the verge of a breakup and need healing and forgiveness in their marriage. Follow up sessions after the weekend are encouraged.

<https://nyfamilylife.org/>- New York Archdiocese Family Life Office-Resources for all aspects of **family life** and marriage.

<http://www.foryourmarriage.org/>- Web based **family resources** from the USCCB.

Catholic Marriage Books and DVD's:

Ascension Press, Loyola Press, Augustine Institute, Catholic Answers, Dynamic Catholic, Lighthouse Catholic Media, and The Reason For Our Hope Foundation just to name a few.